



## **2020 - 2021 Health & Safety Guidelines for Athletes, Coaches & Spectators**

- 1. All athletes, coaches and spectators will have their temperatures taken upon entering the gym for the first time during the day. Anyone with a temperature of 100.0 or greater will not be allowed inside the gym.**
- 2. Spectators are required to wear face masks at all times while in the gym and keep an appropriate distance from other spectators whenever possible.**

**Coaches and players should wear face masks upon entering the gym and any time they are not actively playing their matches.**

- 3. Only two spectators per athlete will be allowed inside the facility for leagues and tournaments – NO EXCEPTIONS.**

If you have children that cannot be left unattended, DO NOT bring them to the gym. Children and athletes CANNOT roam about the grounds of any facility used for Southern Swing events. We realize that many of you are from out of town and like to bring family members to see your child play. Unfortunately, we cannot allow more than one spectator per athlete under the current circumstances.

**NO SPECTATORS will be allowed inside the facility for travel team try-outs, practices and camps - NO EXCEPTIONS.**

- 4. Teams will receive two wristbands per player that should be worn by their designated spectator during leagues and tournaments.**

We will not issue replacement bands so do not take them off or lose them. No wrist band, no entrance, NO EXCEPTIONS. We will not charge admission.

- 5. All Referees must use hand whistles.**

- 6. Only teams who are actively playing their league or tournament matches will be allowed inside the gym.**

Designated spectators from each team should also be prepared to serve as scorekeepers and line judges ... these are not EXTRA spectators. No assistant coaches, team parents or members of other teams that are not actively playing.

**"Teams" include only athletes, one coach and designated spectators.**



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### **7. ONLY SOUTHERN SWING BALLS will be allowed in the gym.**

Southern Swing will provide game balls and a limited number of warm-up balls for each league or tournament match and will disinfect them between sets and matches. Any balls belonging to individual teams must remain OUTSIDE THE GYM AT ALL TIMES.

### **8. Teams who are not actively playing their matches during leagues and tournaments will be required to leave the gym and not re-enter until a Southern Swing staff member notifies your coach. Coaches should, in turn, immediately notify their players.**

Teams that are waiting outside the gym CANNOT gather in groups or engage in any ball handling or play on the facility premises. All of the facilities being used by Southern Swing are responsible for maintaining social distancing and following CDC guidelines regarding group sizes and teams MUST adhere to these guidelines. Players should wait in their cars with a parent or teammate until you are notified that it is time to re-enter the gym.

Adequate warm-up time will be provided for teams when they re-enter the gym to prepare for their next match.

### **9. Athletes may bring a closed container of water into the gym - no energy drinks, sodas or sports drinks. WATER ONLY.**

Spectators should not bring food or drinks of any kind into the gym. Water fountains in the gym will be OFF LIMITS so come prepared with adequate water.

### **10. NO OUTSIDE FOOD of any kind will be allowed inside the gym.**

### **11. Opposing teams should not have physical contact with each other prior to or after matches - no high fives, fist bumps or other customary greetings.**

While we realize that this is all part of traditional good sportsmanship, we will limit those activities to waves and verbal congratulations only.

### **12. Coaches and their players should avoid any unnecessary contact before, during and after their matches including huddles during time-outs.**

### **13. Teams and spectators will be asked to enter through one door and exit through another if at all possible. Southern Swing staff will assist in directing teams.**