

**Southern Swing Volleyball**  
**2026 Spring League**  
**League Rules – YOUTH Division**  
**April 12, 2026**

1. All matches in the YOUTH division of league will take place at the following location:

Victoria College Sports Center Gym  
2200 E. Red River Street  
Victoria, TX 77901

2. Each team must have one adult coach present on the bench during all games. No additional assistant coaches, parents or players not listed on the team roster should be on the bench. In addition, the home team (the team listed first for each match) must provide an ADULT scorekeeper and both teams should provide an ADULT line judge for each match.
3. Teams are responsible for their own practice facilities if they wish to practice. Southern Swing will provide game balls and a limited number of warm-up balls for each match. **Teams SHOULD NOT bring their own balls into the gym.**
4. In the YOUTH division, games will be played in a slightly modified format as follows:
  - The net height will be reduced to 7 feet
  - Games will be played with volley-lite balls
  - Players will be allowed to serve from a modified service line closer to the net

If an individual player successfully serves 3 points from the modified service line, they will be required to serve the subsequent serves from the traditional service line. Players CANNOT begin their approach at the modified service line. The server's approach must be completed behind the modified service line or it will be considered a foot fault.

5. In weeks 1 - 3 of league play, each match will be 2 sets to 25 (rally scoring, cap 30) - no deciding set will be played. There will be a 40-minute time limit for each match. In the event of a tie score when the designated time period runs out, the next point wins the set.
6. No formal warm-up period will be provided. Teams should be ready to begin at the conclusion of the previous match. **We will not wait to begin if matches are running ahead so please be ready.**
7. Seeding for week 4 (play-off bracket) will be based on the percentage of SETS won during weeks 1 – 3 of league play. In the event of a tie at the end of week 3 the order of seeding will be determined as follows:

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- First – head to head results of the tied teams with the winner receiving the higher seed; if still tied then
- Second – comparison of the total point spread between the tied teams with the higher point spread receiving the higher seed; if still tied then
- Third – comparison of the total point spread over all opponents during the first 3 weeks of league play

**ALL TEAMS will play in week 4 regardless of their seeding.**

The format for week 4 will be a single elimination bracket. The first three rounds will be a single set to 25 (rally scoring, cap 30). All remaining rounds will be best 2 out of 3 sets to 25 (rally scoring, cap 30) with a third set to 15 if needed (rally scoring, cap 20). **There will be no time limit on matches in bracket play.**

8. Teams may play with a minimum of five players. Teams playing with five will observe a “ghost” spot for the sixth player resulting in a loss of serve when that position reaches the server’s spot. Teams with less than five players may still play but will be required to forfeit the match for purposes of league standings.

To avoid a forfeit, teams may use a substitute player or players **but may not exceed a total of 6 players including the substitutes.** Subs must pay an entry fee of \$10 for the week that they play and must have a completed release of liability on file. **If a team chooses to use a substitute player even though they have 6 players available they will forfeit the match for purposes of league standings.**

**Teams using players in weeks 1 - 3 that are not on their rosters by “borrowing” jerseys or failing to register those players as substitutes will be required to forfeit those matches for purposes of league standings. Teams cannot use substitute players during any play-off bracket games in Week 4.**

9. If a team is 10 minutes late, they will forfeit the first set. If they are 15 minutes late, they will forfeit both sets. Time will begin immediately after the conclusion of the previous match. If a team must forfeit for any reason, they should contact Southern Swing immediately by phone at **361-210-6876** or by email at **ssvball@yahoo.com**. Please give as much advance notice as possible so that other teams can be notified and schedules can be revised. **Game cancellations will not be made up. The canceling team will be credited with the losses.**
10. Please remind your players and parents to dispose of any empty water bottles or other trash in the lobby, bleachers and bench areas of the gym before they leave. No outside

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food or drinks other than water in containers with secured, screw-on lids are allowed in the gym.

11. **Children should not be left unattended in the lobby area or outside the Sports Center. Everyone should remain inside the gym at all times and use only the public restrooms in the rear hallway of the building. The sand court and any areas marked as restricted by Victoria College are absolutely OFF LIMITS.**

**We consider it a privilege to use the Victoria College Sports Center as the location for our events and we respectfully ask that you share this information with all of your players and parents and help us follow these simple guidelines so that we are able to maintain that privilege.**